

QUARTERLY ACTIVITY REPORT

July- September 2021

KWA WAZEE

kwa wazee



OUR EFFORTS TOWARDS EMPOWERED AND SUSTAINABLE OLD PEOPLE'S LIVES

Combating the spread of COVID 19

The risk of getting COVID 19 among older people is reported to be high due to limited access of prevention information and difficulties to follow recommendations of public health facilities and government. Beyond its immediate health impact, the pandemic is likely to put older people at greater risk of poverty, discrimination and isolation.

Since 2020, Kwa Wazee has been taking preventive measures to protect staffs and older people against COVID-19 pandemic. And during this period, Kwa Wazee distributed masks, hand washing facilities and sanitizers to staff and older people`s working closely with other older people. 12 buckets and soaps have been distributed in 12 pension pay-point to ensure that older people wash their hands when entering in pay-point place every month. Also, we visited mutual groups and distributed 800 posters with preventive education to older people as a means of raising awareness on how they can protect themselves against the spread of Covid-19 Pandemic.



Older people in Buganguzi pay-point washing her hands

More than 10000 older people have been reached with education on how to prevent themselves from COVID 19. And 200 older people including village pension committee`s members and older people councils leaders were supported with masks and hand sanitizers.

Spread of COVID 19 slowed down activities as we had to delay some meetings to respond to government instructions in preventing spread of COVID 19 pandemic. This has increased burden to staff especially during monthly pension payment as we had to visit few pensioners in their village to reduced gathering of many people at one areas.

Social Protection for older people

Pension Fund

Between July- September 2021, Kwa Wazee has reached the following number of old people with monthly pension fund;

Monthly	Gender		Total	Children	Cash transferred (Tanzania shillings)
	Male	Female			

July	156	693	849	104	12,952,500
August	150	687	837	100	12,743,000
September	150	684	834	100	12,705,500
Total					38,401,000

Also, 103 pensioners who have serious illness have been visited to determine their progress and effects of pension program. The visit reports shows that monthly pension remains to be a main source of income to them and a source of affording food, clothes and shelter. And it shows that, pension received by older people create strong relationship with their care takers. Despite of being small amount, still monthly pension proves to be integrative way of reducing extreme poverty at family level and community at large.

Universal Pension Pilot

The table below shows the number of beneficiaries reached per month:

Month	Gender		Total	Cash transferred (Tanzania shillings)
	Male	Female		
July	67	133	200	3,000,000
August	67	133	200	3,000,000
September	66	128	194	2,910,000
Total				8,910,000

In 14th September, Deputy Minister – Ministry of Health, Community Development, Gender and Children; Hon. Mwanaidi Ali Khamis visited Ikondo village to learn the implementation of universal pension pilot and other programs implemented by Kwa Wazee including mobile eye clinic and health exercise among older people. On her speech, the Deputy Minister emphasized her appreciation to Kwa Wazee on its social protection program. We are very pleased that Kwa Wazee was among 3 out of 8 organizations, the Deputy Minister paid visit during his official visit in Kagera Region.

The Deputy Minister was also pleased with how older people are more cheerful in doing body exercise and she encouraged to motivate all older people to actively participate in exercise as a way of reducing age related diseases.

On a photo aside is the Deputy Minister – Ministry of Health, Community Development, Gender and Children Hon. Mwanaidi Ali Khamis addressing the audience at Ikondo pay-point during her official visit in Kagera Region.



psychosocial support through self-help groups

During this period Kwa Wazee have supported older people with construction of 80 improved stoves, 9 water tanks and 10 tanks were repaired. Zeulia Frugence lives in Bugarama village and she takes care of 20 old disabled grandchild. She has been worrying going out to collect water and firewood while her disabled grandchild remains uncared at her home. She was supported with tank and improved stove and she is very pleased that she will be able to spend more time in crop cultivation and watching her grandchild who cannot do anything. From Zeulia story, we learn that rain

water tanks and improved stoves are reducing burden of collecting water and firewood and use more time to engage in productive activities.



8 groups were supported with funds to add on their capital for Income generating activities. 5 purchased goats and 3 are doing small income generating activities. We have also distributed maize crops for plantation. More than 4 hectors were planted the maize. This will help the older people to have food and income. We supported 4 groups with manures to fertilize their land and increase food production.

We have monitored groups dealing with income generating where we discussed about their progress and what they could do to improve their income. 78 groups are dealing with agricultural, keeping goats, chicken, pigs and 10 doing small trading of goods such maize, beans, juice, soaps and honey production. It is clear now that every group has its own objectives based on mutual support and livelihoods. Groups have saved a total of 1, 821,700 shillings during this period of July – September.



We have trained 258 leaders from 40 groups on leadership skill to empower them on leading groups and make the groups productive depending on their objectives but also to have fool participation and democratic in groups decision making. We are witnessing some changes in leadership of the groups, they members are happy to be member of their groups and feel that the group is supportive to them. They have revolving funds and meet every month to share experiences and good practices in clusters.

Advocacy “a voice for older people”

During this period, 23 family conflicts were solved by community paralegals trained by KwaWazee and we supported 16 older persons with different cases.

Kwa Wazee has facilitated community meetings which involved old people and local government leaders in 22 wards to enhance good relationship between old people councils and government and politacla leaders in solving older people`s challenges. More than 10000 older people attended these meetings to give out opinions on challenges facing older people. Also two meetings which involved 86 representative of OPC from 43 wards and district level government leaders conducted at the district level as initiative of influencing local leaders participation in old people`s affairs. During community meetings four common issues were raised by OP to the government leaders - **1. Improvement of free health services to OP, 2. Involvement of OP in different levels of decision making, 3.The question of universal pension and 4.The security of Old Persons themselves and their properties.**

During the meeting, Muleba District Commissioner emphasized that, *“Every first and last Thursdays in each month are days for listening citizens with different problems, So I use this opportunity to inform you to let other old persons with different problems which they see that are not easy to be solved at their village and wards levels to visit my office for my official support. But still you can make a phone call at any time and for sure I promise my office will give appropriate support”*. After meeting, the official instructions was given by the District Executive Director to every village/ward Executive Officers on **involving the representatives of OP** in Village and Ward Development Councils where all government plans starts and different decisions met

Also, Hon. Dr. Oscar Kikoyo (MP) South Muleba responding on different issues raised by OP during the meeting sad that *“I will make sure that all your issues like Universal Pension, Ageing raw, and the question of availability of free and quality health services to old persons which needs initiatives from government at the national level will be presented in the parliament session”* We are pleased that there is continuing leaders effort and involvement in dealing with older people issues compared to previous years.



Hon. Dr. Oscar Kikoyo (MP) South Muleba responding on different issues raised by OP during the meeting.



Hon. Toba Nguvila(DC) MulebaDiscript responding on different issues raised by OP during the meeting

During this period we have noticed that involvement of older people representatives in village development committees, ward development committees and district councils have increase from 70% to 84% of all representatives in 43 wards.

Preventing violence to older people (Self-Protection trainings)

Kwa Wazee conducted 5 refresher trainings to 72 assistant trainers in Gwanseli, Kizilamuyaga, Rulanda, Burungura and Karambi, to review training manuals on self-protection programs. In their reports, we

noticed that training groups have been formed by older people in their villages and they meet weekly to review self-protection exercise and discuss experience and usefulness of training in reducing violence against grannies. Also, some of participants continue to reports unwillingness of some local leaders to deal with violence cases reported to them hence reduce confidence of older people to report violence cases to local leaders. Kwa Wazee continues to visit more local leaders as means of creating effective cooperation dealing with violence cases.



The picture shows on of self-protection trainings as participants tries to identify possible potential body parts which can be used as weak point to violence perpetrator.

Health Program

Eye screening and treatment

During this quarter 112 older people were supported with eye screening where 8 older people got operation at Ndolage Hospital, 56 old people got spectacles and 64 old people got eye drops. We are pleased to continue restoring the sights of older people and improving their lives.

Eye checkup after surgery



Also, 7 older people with serious case illness and with no support from their relatives were supported with transport cost to attend checkup in hospital treatment.

Health training

Kwa Wazee conducted groups monitoring visit in Kanywangonge, Rwigembe and Kibanga villages and 106 older people attended meetings. During visit, health topics concerned on person and home hygiene were facilitated and older people were insisted to practice frequently to reducing chance of getting disease. Participant shows responsiveness of their body changes as a result of weekly exercise in groups and they report to be more active in walking and attending farm activities.

Building a child led organization (TatuTano)

Supporting education to all children

From July to September 2021, Kwa Wazee TatuTano has supported the following number of student with school fees.

Level of education	Number of student supported	Amount paid
Higher secondary Level	60	5,580,000/=
Vocational trainings	12	2,380,000/=
Total	72	7,960,000/=

Also, TatuTano has printed and distributed 518 African story Books to the pupils for standard one up to standard five to give support children in self learning at home. Our plan is to print other books up to 1000 by end of December so as books can help children for their self-studies while at home.



One of learning groups reading African story books and sharing their thoughts on what they read during group visit.

Girl Child Empowerment

During this period TatuTano has trained 45 girls at Kabutaigi primary school. Some of the topics discussed was “violence”, “how I become a girl” “boundaries”, “how can we interact during sexual violence cases” etc. During the discussion, 5 participants shared on being raped before joining the group, 7 shared on tempted to be rape and 40 participants experienced in different disturbance from boys or men such as to be touched their body parts without their will and harsh words about their body changes. The beneficiaries have given the testimonies during parents’ meeting that the topics discussed will help them to overcome those shared experience on sexual violence, that they became more confident than before. They determined the environment which are not safe to them and people who they afraid that can cause

violence to them. Also, 43 parents attended the meeting; they insisted their children to behave better and to tell them their problems when they face them..

Boys as change Agent (Peace is A Decision)

75 boys aged 10- 18 years have been trained on different ideas on their life as youth, as students, and as the community members. Topic about dreams, violence and culture were appreciated to make them responsible in facing life challenges and avoid violence to girls. A discussion about gender has made them to understand that also boys are responsible to do all activities especially home responsibilities. Boys promised to stop violence action against girls such as touching girls' breasts, to discuss about girls' physical appearance and to seduce them but also to protect them by cooperating together and to build safe environment. During the course we hold the parents' meetings where we introduced general objectives of PiaD to their children. Our appreciations go to all parents for their willingness to allow their children to attend trainings. With their support we believe that we will continue making differences in combating gender based violence.

Boys are learning about power and how they can use them in moral behaviors.



Child Protection Committees: We have monitored all the CPC in the communities where 6 cases of the children were solved by the committee members. It was clear that the members are becoming more powerful when making follow ups of the cases and making sure they are advising the members to stop violence against violence. They organized the community to become together to fight against violence. 12 members joined the groups of CPC in Nyakatanga.